



French Football Academy
Residential Camp Storm King School

Official Schedule

TIMES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30am-8:30am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9am - 12pm		Field Session 1	Field Session 1	Field Session 1	Field Session 1	Tournament
12pm-1pm		Lunch	Lunch	Lunch	Lunch	Departure
1:30-4pm	Arrival	Field Session 2	Field Session 2	Field Session 2	Field Session 2	
4:30pm-6pm		Recovery\ Social Activity	Recovery\ Social Activity	Recovery\ Social Activity	Recovery\ Social Activity	
6:30pm - 7:30pm	Dinner	Dinner	Dinner	Dinner	Dinner	
7:30-9:30pm	French Football History Night	Classroom Session : Nutrition\ Stretching\ Injury Prevention	Classroom Session : Tactical Analysis	Movie Screening	Quizz \ Game Night	
9:30-10:30pm	Free Time \ Lights Out	Free Time \ Lights Out	Free Time \ Lights Out	Free Time \ Lights Out	Free Time \ Lights Out	